

Term 3 Week 9

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8 September  
2020**IT'S NOT OKAY TO BE AWAY!**

Dates to

Remember

September

8—Body Safety Par-  
ents Program—  
Zoom 7—9pm10—P & F Meeting  
2pm—Zoom18—Last Day of  
term—2.30 finish**WHO'S DOING  
WHAT THIS WEEK?**Fiona will be working  
from home for the  
rest of this week.Kate Stone is work-  
ing today and Thurs-  
day.**STUDENT****SURVEYS****All students will  
be invited to par-  
ticipate in the  
"Student Attitudes  
to School Survey.  
More details re-  
garding this will  
be sent home next  
week****Newsletter****2020****STAYING****APART****KEEPS****US****TOGETHER*****Parents & Friends Meeting***

Our next meeting will be held on Thursday at 2pm. Please note, this will be a Zoom Meeting so check your messages for your invitation.

***Department of Education—Back to School Directions***

As a result of the recent Roadmap to easing coronavirus restrictions in schools, all students from Prep to Year 6 will "return to school" on Monday October 12th—week 2 of term 4. Remote Learning will continue until the end of week 1 of Term 4. The Underbool Primary School will continue to operate in the same way we have been for term 3. Any questions, please contact Gaby Hogg—Acting Principal

***Child Protection Week***

This week has been designated Child Protection and we will be participating in some programs. Parents would have received the permission notice yesterday regarding the Body Safety Superstars program which is to be run from 7pm—9pm tonight for parents via Zoom and a student workshop at school on Wednesday. If you have any questions regarding this program, please contact Gaby Hogg—Acting Principal.

***eSafety Week***

This week is eSafety week and Grade 2-6 will be participating in a session 'Be an eSafe kid: privacy and security.' They will be bringing home a worksheet to share with you. Please have further conversations and visit the site regularly. I've also booked a parent session and invite you to attend. This link has been emailed .

Join the eSafety Commissioner's expert training team for our National Child Protection Week Virtual Classroom.

This live event will empower students to manage their own online safety.

**Students will:**

- explore what privacy and personal information means

## School Contact Numbers

School—50946342

Molly—0429 941211

Fiona—0429 922600

Ashlee—0427 221514

Colleen—0407 946376

Francey—0439 999654

Catherine 0429946225

### This Weeks

#### Birthdays

A Great big Happy Birthday to Evie Nathan who will be 7 on Thursday. We hope you have a great day and get lots of presents



Mowing Roster

#### September

Steve McVicar

#### October

Mal Crothers



*We acknowledge the Aboriginal and Torres Strait Islander peoples the first peoples and traditional custodians of the lands where we live, learn and work. We pay our respects to the Elders, both past, present and future, for they hold the memories, traditions, culture and hopes of Indigenous Australians.*



- understanding what an online 'stranger' can be
- develop strategies and skills to secure accounts
- learn where to go for help and support

## Women's Health Week—September 7—11

So often it is the women in the family who are looking out for everyone else's needs and they often neglect their own needs. Please spend some time on yourself—check in with your doctor for a routine check up if you haven't already done so, give yourself some time read a book, watch your favourite show, go for a walk or do some other form of exercise. You are the captain of your family's ship and you need to be healthy.

## School Photos

We are in the process of organising a date in term 4 with Chelsea for the school photos. This will be advertised as soon as it has been set. Thank you to those who have already returned their forms to school, if you haven't as yet, please do so before the end of term.

## Headspace

To continue with the theme of R U OK Day, we organised a live virtual meeting with the organisation Headspace. The year 5/6 students this afternoon spoke with an ex-local Martia Barnes about the organisation Headspace and what it can offer. By promoting this organisation students have strategies and know there is always someone to speak with about any issues they are facing in life.

If you're a young person aged between 12-25 years, headspace provides a range of services to improve your health and wellbeing. Their services cover four core areas: mental health and wellbeing, physical and sexual health, work and study support, and alcohol and other drug services. Our local providers of Headspace are located on 2/125 Pine Ave, Mildura and 11 Pritchard St, Swan Hill.

Please let Catherine know if you want more information or brochures on the organisation.

## End of Term - Footy Colours

Friday 18<sup>th</sup> September is end of term 3. The theme is footy colours day and students can dress in their footy colours or free dress. The year 6 students will organise fun activities for all students to enjoy on their last day of term.

Fight Cancer Foundation's Footy Colours Day is a national community

fundraising campaign that helps kids with cancer keep up with school. For our fundraising students can donate a gold coin on the day and we have also created an online fundraising page which we will share on the Facebook Page, so please share the below link with your friends and families.

<https://footy-colours-day-2020.raisely.com/underboolprimaryschool>

## R U OK? DAY

R U OK? Day is on Thursday 10<sup>th</sup> September. It's the national day of action when we remind Australians that every day is the day to ask, "Are you OK?" if someone in your world is struggling with life's ups and downs.

R U OK? inspire and empower everyone to meaningfully connect with the people around them and start a conversation with anyone who may be struggling with life.

You don't need to be an expert to reach out - just a good friend and a great listener. Use these four steps and have a conversation that could change a life:

1. Ask R U OK?
2. Listen
3. Encourage action
4. Check in

Students have designed posters which will be displayed on the schools front fence, to remind those who drive past to check in with a mate. Included with the posters we created friendship hands, these hands symbolise that we are a community and that we need to look after each other.



RESPECT

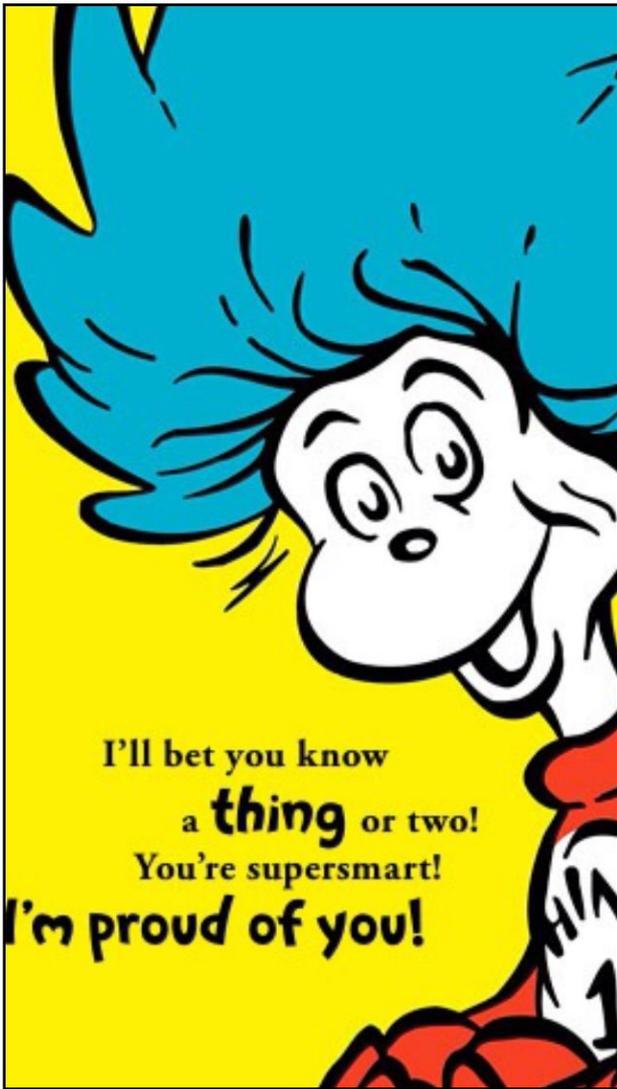
ENTHUSIASM

ACHIEVEMENT

PERSISTENCE

IT'S NOT OKAY TO BE AWAY!

UNDERBOOL PRIMARY SCHOOL



kidshelpline   
Anytime Any Reason

We're here for your kids, if they need support they can...



Call us for FREE  
1800 55 1800



Email us



WebChat with us

Parents! For more information and resources,  
please check out our Kids Helpline parents section

[kidshelpline.com.au/parents](http://kidshelpline.com.au/parents)