

# SEXUAL HEALTH EDUCATION

## POLICY

### Rationale:

Sexual Health education is an integral part of health education. In providing a comprehensive sexual health education curriculum consideration will be given to the age appropriateness of material and will be provided in consultation with parents and school council.

### Aims:

- To provide age appropriate information regarding all areas of sexual health.
- To ensure students are provided with accurate information regarding sexual health issues.
- To ensure students have the necessary skills to increase their ability to make positive choices.

### Implementation:

- An appropriate sexual health curriculum will be provided to Grade 5 and 6 students.
- Students will be provided with a sexual health curriculum relevant to developing puberty.
- The sexual health curriculum will be delivered as a core component of the health curriculum and will be age appropriate.
- Comprehensive sexuality education is a compulsory health education curriculum component from prep to year 6.
- A significant part of the sexual health curriculum will be relationship based, will focus on the reasons why sexual experiences occur, will involve body changes and sexual behaviour, and will assist students to make positive and informed decisions relating to sexual matters.
- Teachers who are to deliver the sexual health program are required by the school to have completed professional development in, and follow, either the nationally recognised Talking Sexual Health program, or the similarly recognised Catching On Early program, both programs being supported by the Department of Education.
- The sexual health program will include information relating to sexually transmitted diseases.
- The school will invite others with expertise in this area to participate in lessons or to assist with the content eg. local general practitioners or the school nurse.
- The school will seek written parental consent before students are involved in a sexual health unit. Parents will be informed of the content of the lessons, and have a right to withdraw their children from the program, or aspects of the program.
- Students who do not participate in the sexual health program will be provided with worthwhile alternative activities.
- Parent sessions will be offered in conjunction with the sexual health classes.

### Evaluation:

This policy will be reviewed, with parent and community input, as part of the school's three-year review cycle.

This policy was last ratified by School Council in....

March 2015