

Term 1 Week 8

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15 March 2016

**Dates to****Remember****March**16th —SC AGM —  
8pm17th— Regional  
Swimming Sports—  
Swan Hill17th—Working  
Bee—1.30pm

18th—Working Bee

24th—Last Day of  
term 1—2.30pm  
finish**April**11th—First day of  
2nd term20th—UDSSA  
Cross Country—  
Ouyen P-12**WHO'S DOING  
WHAT THIS WEEK?**Mrs P is away today,  
she has not been re-  
placed.I am working today  
and tomorrow due to  
the long weekend**THIS WEEKS  
BIRTHDAYS**No birthdays this  
week**Newsletter****2016*****School Council AGM—Tomorrow night—16th March***

The AGM is to be held at 8pm tomorrow night and this will be followed by the general meeting. As the number of nominations equalled the number of vacancies there is no need for a ballot and the following parents are now members of the School Council for the next two years.

Matt Brown, Simon Morrison, Cameron Gloster and Sonia McVicar.

***Regional Swimming Sports***

All the best to Samuel, Jack and Zoe who will be competing in the Regional Swimming Sports to be held at Swan Hill on Thursday. It is a great achievement to get this far, so well done kids.

***Whole School Camp***

Medical and Permission forms and all other relevant details were sent home late last week. Please make sure you fill out the forms that need to be returned and do so as soon as possible. Only one medical form per family was sent home last week instead of one for each child—Thank you to those who have put their children on the one form, that is fine, however I will send home extra to the families who haven't returned their forms as yet. Sorry for the confusion.

Payment details—Cost is \$220 per student and details regarding payment options were sent home last week. Please return the option sheet by the end of this week so we know who is doing what! Thank you in advance.

***Head Lice***

These little critters are on the march once again and a separate notice has been sent home to all families today. Please keep an eye on your children's scalps for these pests —remember they like all hair and especially nice clean hair to live in!

***Last Day of Term***

On the last day of Term 1 Thursday 24th of March, we will be having an Easter Theme day. There will be prizes for best dressed. We will be decorating eggs and having a parade to show them and doing a lot of other activities. We will be having a normal lunch on Thursday. (There will be shop lunches available as well).

***Hat Parade***—students will be making Easter Bonnets/Hats and these will be paraded just before dismissal time on the last day of term. Parents are most wel-

**MOBILE LIBRARY  
DATES**

*March –22nd—next week—this will be our last visit for term 1*

**SHOP LUNCH  
ORDER PICK UP**

*March -Kylie*

*Mowing & Watering  
Roster 2016  
Mowing & Watering  
Roster 2016*

February— Steve McVicar  
& Matt Brown

**March—Mark  
Jolly & Theo  
Magnisalis**

April— Chris Lynch &  
Cameron Gloster

May- Day and Lovitt  
Families

June—Garth Aikman &  
Simon Morrison

July—Steve Donnellan &  
Scott Brown

August—Piers Farnsworth &  
Buzz Wisneske

September— Adam Kelly &  
Matt Brown

October—Cameron Gloster  
& Molly

November— Mark Jolly &  
Chris Richardson

December – Theo  
Magnisalis & Chris Lynch

**Don't forget to fill in the calendar when you water.** Please arrange your swap if necessary.

come to come along and watch the parade. Year 6 Captains

**Photography Course**

This is to be held on Tuesday 22nd March at the school.

Session one—Beginners—all cameras —5pm—7pm (students welcome)

Advanced (SLR Cameras) 7-9pm. Cost for both courses will be \$20 per head—\$10 for students . Please make sure you bring your camera with you.

Please contact Colleen to put your name on the list—0407946376 (phone or text), aikman.colleen.m@edumail.vic.gov.au. If you are enrolling in the Advance Session please bring 5 photos on a USB—4 of your best and 1 that you're not sure what went wrong to share with others. Please pass this invitation on to anyone you think may be interested but may not see this notice or the one in the Press.

**Paralympic Visit**

Paralympic cyclist STUART TRIPP visited our school 2 weeks ago on his way home from an event in Adelaide. He will be competing in the upcoming Australian Paracycling Championships, hoping to qualify for the Rio Paralympics.

Stuart lost a leg in a car accident and has since rebuilt his life. He competed in London and hopes to wear the green and gold in Rio.

The students really enjoyed his visit and asked lots of questions

**Forms to be returned**

Families who have not returned Forms by the due date will be listed here until returned.

**Immunisations Forms**— ASAP (information where to obtain these forms has been previously sent home)

Lovitt—Jayden, Cheyenne and Thomas

**Camp Payment Options**—Friday 18th March

**Camp Medical & Permission Forms**—Friday 18th March

**Chaplain Chats - Thief of Time**

Back in 1742 procrastination was called the thief of time; a modern equivalent might be “why do something today when you can put it off until tomorrow”. The dictionary might say that procrastination is putting off an action until a later time.

The main factor concerning motivation would be the answer to the question “why are they procrastinating on this thing?”

Procrastination is a very bad habit and it has the capacity to grow and grow. If we successfully get away with putting something off and nothing happens then we are likely to do it again and again. Eventually the task will catch up with us but by then we may be in a heap of trouble.

If you ever hear your son or daughter saying any of these statements then you know procrastination is at work:

- I won't be able to get it all done, so why bother?
- I've missed the deadline already so what's the point of even trying? I'll just take the rap and move on.
- I won't do it well, so why bother?
- I'm not in the mood right now. Maybe tomorrow I will feel better.
- I'll do it tomorrow once I've got all of these little things out of the way.

There are so many things to do I don't have a clue where to start.

If you can identify the reason why they are putting things off then you are on the right track to solving the problem. Is it the fear of failure and they are trying to avoid getting the results back thinking that if they don't hand the essay in then they can't be told how bad it is?

Could it be that they really don't know how to tackle the topic and haven't asked anyone for help?

Are they missing some support material or information that they need or have they lost their text book?

Does it involve them having a difficult conversation with someone and they are unsure of how it will work out?

If you can help them identify the true issue and then give them strategies to work through it then their motivation will rush back.

Written by Nigel Lane. [www.nigellane.com.au](http://www.nigellane.com.au) Used by permission

Maureen Hurren

**Homework****Contracts****Senior Room**

Contract No 5—Due Monday 21 March

**Middle Room**

Contract No 5—Due Friday 18th March

**Junior Room**

Contract 4—due Friday 18th March

**Quickbeds  
Grassroots  
Fundraising:  
REMEMBER:**

*If you are booking accommodation for an upcoming holiday or trip away, book it through Quickbeds, and you will help raise funds for your club. Click on this link:*

[www.quickbeds.com](http://www.quickbeds.com)

Enter our school's unique grassroots code 1273

***Kate Lockett's 21<sup>st</sup> on Sat April 2<sup>nd</sup> at Lockett's house at 7:30pm***

**Workers:** Alice Farnsworth & Sonia McVicar

**Catering:**

**Nicole M** – 4 doz mini quiches

**Nicole K** – 4 doz mini quiches

**Prue** – 4 dozen pinwheels – bbq chicken

**Lee** – 3 doz pinwheels – Hawaiian

**Kylie** – 1 loaf of sandwiches – fresh chicken, mayo and lettuce on multigrain bread and 2 doz beef meatballs

**Pennie** – 1 loaf of sandwiches – turkey/cranberry sauce/lettuce on wholemeal bread and 2 doz volauvents

**Kaylene** – 3 doz smoked salmon and cream cheese pikelets

**Cassey** - 4 doz pizza pieces (size of credit card) – other

**Angel** – 4 doz pizza pieces (size of credit card) – hawaiian/supreme

**Cherie** – 4 doz beef meatballs & dipping sauce

**Molly** – 4 doz homemade sausage rolls

**Jo M** – 4 doz homemade sausage rolls

**Lousie** – 4 doz volauvents

**Kaela** – 1 loaf of sandwiches – half ham cheese/half ham and pickles on white bread

**Kristen** - 3 doz smoked salmon and cream cheese pikelets

Please try to find your own swap if your allocation doesn't suit. Seeing it is a Saturday evening, can those making sandwiches ensure they are as fresh as possible by making as close to the night as you can. We are being paid for homemade savouries so please prepare accordingly. I know this is a big task so thank you all in advance!

Food can be left in Wendy's coolroom or dropped off to me prior if frozen.

Kristen 0407712699