Dates to Remember
27th—Interschool Swimming Sports Ouyen—yrs 3-6
28—Clean up Australia Day
March
7th—Preps begin Friday at school
10—Labor Day Holiday
11th—SC AGM 8pm
20th—Save for Cure—Tempy PS

WHO’S DOING WHAT THIS WEEK?
Mrs P will be at the Swimming Sports on Thursday.

THIS WEEKS BIRTHDAYS
A Great Big Happy Birthday to Jim Harker who is having a birthday on Thursday. We hope you have a good one Jim!!

School Council AGM—Tuesday 11th March
Councillors are reminded that the AGM is to be held on Tuesday 11th March, commencing at 8pm. Nominations close at 4pm on Friday of this week (28th February). New Councillors will be advertised in next week’s newsletter.

Education Maintenance Allowance (EMA)
This payment is made to eligible families to assist with the cost of education. Families who have a Health Care Card or are on a Pension may be eligible. If your circumstances have changed or you are not sure if you are eligible to receive this payment please fill out a form just in case. Please contact the office if you have any questions.

Cluster Swimming Sports
HUGE CONGRATULATIONS to all of the students and families who participated in the sports on Thursday. Whilst the conditions weren’t the best, everyone got in and “Had a go!” Well done everyone. Thank you to the parents who assisted with setting up, recording, judging, marshaling, BBQ & Coffee and anything else that was required on the day. This couldn’t happen without your assistance so thank you all once again.

Interschool Swimming Sports — Years 3—6
These are to be held at Ouyen on Thursday of this week—27th February and parents of students in yrs 3—6 are responsible for getting their own children to and from Ouyen. Events start at 10 am so everyone will need to be at the pool no later than 9.45am. Our seating area will be next to the toddlers pool opposite the shallow end of the pool and we will be sharing this with Walpeup and Tempy. Sandwiches and salad rolls will be available for purchase at the pool.

Mobile Library
We will be attending the Mobile Library each fortnight beginning tomorrow. Students in years 1—6 will need to have a library bag and must bring it each Mobile Library Day. The books must be protected (no squashed bananas or other nasties that are lurking at the bottom of the school bag should come in contact with library books!!) Thank you for
Brain Food Ideas

Students are welcome to bring along some “brain food’ to eat in class. It has been found that a small snack during class can help engage the brain. Some food suggestions are: cut up veges (cucumber, carrots, celery), diced cheese, kabana, fresh fruit (banana, apple, pear, grapes), dry biscuits and dried fruit. Please avoid sending any foods that are messy and sticky.

Healthy Lunch Suggestions

Sometimes children get sick of seeing and eating the same thing in their lunch box each day. It is a good idea to try and mix things up a bit each day so as to make lunch time a bit more exciting. I will endeavour to include some ideas each week to help you out.

Sushi sandwiches—cut crusts off the bread and spread with avocado, relish, sliced cheese and square ham. Roll up and cut into “rounds”. Try making this with 3 layers of bread instead of 2 and add more filling.

Cold Muffin Pizza—top English Muffins with relish, grated cheese and ham. (make up several and keep them in the fridge)

Potato Wedges & dip. Make wedges the night before and put some dip, sour cream or sweet chilli sauce in small containers.

Potato Salad—make potato salad and add cooked bacon or ham, some boiled eggs, peas or sweet corn.

Beetles on logs—fill celery sticks with cream cheese and add some sultanas. Grubs on logs—add some grated carrot to the cream cheese!!

Potato Salad—make potato salad and add cooked bacon or ham, some boiled eggs, peas or sweet corn.

Hope this is a bit of a help—more next week!

School Calendars

We have quite a few 2014 school calendars left for sale. We have discounted these by 50% - $5 each. I have left these on the bench outside the office with a container for the money. Please note—these will have to be thrown out if they are not purchased so please help us out.

Shave for a Cure

The whole school will be travelling to Tempy on Thursday 20th March to support the “Shave for a Cure” fund raiser. There will be a sausage sizzle, lucky dip, plants for sale, throw the pie at the teachers and lots more fun. We encourage the students to start making some extra pocket money to spend on this day. Put the dishes in the sink, put your PJ under your
pillow, help with the washing up, put your dirty clothes in the laundry, empty the rubbish, clean up your room, make your bed and that’s just to name a few!!!

**Clean up Australia Day**—Students in years 1–6 - please wear appropriate free dress suitable for the “Clean Up” - ie wear your work clothes!!!
Swimming sports write ups

On Thursday we went to the Underbool Swimming Pool for the Cluster Swimming Sports. The parents set up the lane ropes, the drinks and the food. There was a Blue team and a Red team. I was on the Blue team. Walpeup and Tempy joined us. I did the Individual Medley and came 2nd and I did a freestyle race, a backstroke race, a breaststroke race and a butterfly race. I won three of them and then we did two relays. I had to swim twice in both relays. I swam my best. By Samuel Magmalsis

On Thursday the 20th February Underbool, Tempy and Walpeup had the Swimming Sports. There were two coloured teams, Red and Blue. I was on red, Go Red!!! When everyone was at school we decided to walk to the pool. It was cold. When we got there we sat in our colours. First Individual Medley, I had a go, but I was a bit nervous because I hadn’t practised much. In the end I won, O.M.G. I would never thought. Next was freestyle, ready, set go, swim, swim, done, I came first again. Next Backstroke, I got so much water up my nose and in my mouth but I still won. Breaststroke was next, I versed Heidi and Casey, this time I came second. Last stroke is butterfly. I came first. Now we got a rest while the little kids swam. Go Red!! Go Red!! Now the little kids have finished it’s our turn again to do relays. First relay is a freestyle relay, red team won. Next relay was a medley and red won again, 2/2. We have all finished. It was a fantastic day, everyone had a go. The total scores at the end was Red on 199 and Blue 162. We won. By Marissa Prentice

Yesterday we went to the Swimming sports at the Underbool Pool. It was Underbool, Tempy and Walpy divided into two groups. One team was the Blue team and the other was Red team. I was on the Blue team. First up was the Individuals. Then it was freestyle, backstroke, breaststroke and butterfly. I did all of them. Then it was the little kids. After the little kids it was the relays. Then when the relays were done they said who the most points, sadly it was not the Blue team. It was the Red team. After everyone packed up we went home. By Nicolas Stone

Yesterday we went to the Underbool pool. It was very cold. I tried my hardest at breaststroke, freestyle and backstroke. I was in a very hard group to beat. I was in group 1. I was in the Blue team. The red team won. The parents help with the lanes, food and drinks. By Tyler Dummett

Yesterday it was the swimming sports. When we got in it was really warm but when we got out it was freezing. I was number 2 in the swimming groups. I was on the Red team. Walpeup and Tempy came to Underbool to swim. There was a BBQ. I won my Individual medley, my freestyle and my backstroke. I sat next to Nicolas, Same and Clayton. I enjoyed the swimming sports. By Jack Wisneske

On Thursday we went to the pool on a very cold day. When we got there the parents did sensational job setting up for the mighty Red team and mighty Blue team to swim the sports. Then Walpeup and Tempy came. We took a team photo it was awesome. Then if you want to you could do an Individual Medley, I came 2nd last. Then I did the lovely freestyle, mighty backstroke, relaxing breaststroke and the hardest of them all butterfly. After the little kids we had the freestyle relay for the Red we had Heidi, Tate, Marissa and I, we won. Then there was Medley Relay with the same team. The Red team won by 37 points. By Hamish Farnsworth

On Thursday we went to the Underbool Swimming Pool on a cold day. I did the Individual Medley. I did Freestyle, Backstroke, Breaststroke and Butterfly, then section 3/4 went. We did the relays next. Red team won by 37. By Caleb Farnsworth

Yesterday it was the Cluster Swimming Sports. I was on the Red team. Walpeup and Tempy came. I went in all the races except for the Individual Medley. I did 3 stroke Individual Medley. It was fun and hard and fun at the same time. It was nice in the water but it was very cold out of the water. So I had to have a blanket. After the older kids swam the little kids swam, so when the little kids swam we got to get warm. Then it was time for the relays, it was fun and hard at the same time. Then we had to wait for the scores. Then Blue were on 162 and Red on 199. THE RED TEAM WON. By Indie Wisneske